This paper examines the widespread belief that anonymous sadists give children dangerous treats on Halloween. A review of news stories about Halloween sadism from 1958 to 1983 suggests that the threat has been greatly exaggerated. Halloween sadism can be viewed as an urban legend, which emerged during the early 1970s to give expression to growing fears about the safety of children, the danger of crime, and other sources of social strain. Urban legends, like collective behavior and social problems construction, are responses to social strain, shaped by the perception of the threat and social organization.

The 1970s witnessed the discovery of a frightening new deviant—the Halloween sadist, who gave dangerous, adulterated treats to children. Each year, Halloween's approach brought warnings to parents:

... that plump red apple that Junior gets from a kindly old woman down the block ... may have a razor blade hidden inside (New York Times, 1970).

If this year’s Halloween follows form, a few children will return home with something more than an upset tummy: in recent years, several children have died and hundreds have narrowly escaped injury from razor blades, sewing needles and shards of glass purposefully put into their goodies by adults (Newsweek, 1975).

It's Halloween again and time to remind you that... [s]omebody's child will become violently ill or die after eating poisoned candy or an apple containing a razor blade (Van Buren, 1983).

Various authorities responded to the threat: legislatures in California (1971) and New Jersey (1982) passed laws against Halloween sadism; schools trained children to inspect their treats for signs of tampering; and some communities tried to ban trick-or-treating (Trubo, 1974). According to press reports, many parents restricted their children's trick-or-treating, examined their treats, or arranged parties or other indoor celebrations (New York Times, 1972; Los Angeles Times, 1982). By 1984, the threat of Halloween sadists was apparently taken for granted. Doubts about the threat's reality rarely appeared in print. Several Oregon third graders wrote letters to a newspaper: "I wish people wouldn't put poison in our Halloween treats" (Times, 1984). Adults questioned for an Illinois newspaper's "Sidewalk Interview" column (DeKalb Daily Chronicle, 1984) expressed concern: "... part of it is checking to make sure you know your neighbors and checking the candy. I think it's terrible that people are doing this and I guess people's morals have to be examined." "Dear Abby" printed a letter describing a North Carolina hospital's program to X-ray treats (Van Buren, 1984); radiologists at a Hanford, California hospital checked 500 bags of treats (Fresno Bee, 1984). In 1985, 327 students at California State University, Fresno wrote essays for an upper-division writing examination, advocating the abolition of some holiday. Nearly a third (105 students) wrote about Halloween, and 90 percent of those essays mentioned the threat of Halloween sadism.

Halloween sadism is thought to involve random, vicious, unprovoked attacks against small children. The attacks seem irrational, and the attackers are routinely described as disturbed or insane.

* An earlier version of this paper was presented at the 1983 meeting of the Pacific Sociological Association. We want to thank Gary Alan Fine, Joseph F. Jones, and David F. Luckenbill for their helpful comments. Correspondence to: Best, Department of Sociology, California State University, Fresno, CA 93740.
These "child-haters" are theorized to "have had a really deprived childhood" having been "abused as children," they are now "frustrated and filled with resentment against the world in general" (Isaacs and Royeton, 1982:69; New York Times, 1970; Trubo, 1974:28). Law enforcement officials and the media reaffirm that the threat is real, urging parents to protect their children against sadistic attacks.

Although Halloween sadism is widely regarded as a serious threat, it has received little scholarly attention. In this paper, we examine the phenomenon from a sociological perspective, addressing three issues. First, we try to assess the incidence of Halloween sadism in order to demonstrate that the threat has been greatly exaggerated. Second, we draw upon a concept from folklore studies to argue that the belief in Halloween sadism is best viewed as an "urban legend." Finally, we suggest that urban legends can be understood as unconstructed social problems. Like collective hysteria and organized claims-making efforts, urban legends are a product of social strain and of the social organization of the response to that strain.

A HOLIDAY FOR SADISTS?

There are no reliable official statistics on Halloween sadism. Minor incidents, particularly those that do not involve injuries, may never be reported to the police. Cases that are reported may be classified under a wide range of offenses, and there is no centralized effort to compile cases from different jurisdictions. Moreover, the circumstances of the crime—the young victim, the unfamiliar assailant, the difficulty in remembering which treats came from which houses—make it unlikely that offenders will be arrested.

While the true incidence of Halloween sadism cannot be measured, newspaper reports reveal changes in public reaction to the threat. Therefore, we examined the coverage of Halloween sadism in four daily newspapers between 1959 and 1984. For the New York Times, we checked all entries under "Halloween" in the paper's annual indexes for information about Halloween sadism. The New York Times Index proved to be unusually complete, listing even short items of a sentence or two. The published indexes for two other major regional newspapers, the Chicago Tribune and the Los Angeles Times, were less thorough, so for each year, we read both papers' issues for the first three days in November. Finally, we examined all Halloween stories in the files of the Fresno Bee. Our search found stories about 76 alleged incidents of Halloween sadism, which included at least the community where the incident occurred and the nature of the attack. Table 1 shows the number of incidents reported in each year.

Obviously, the 76 incidents identified through this procedure do not form a complete list of cases of Halloween sadism. However, there are several reasons why it is unlikely that many serious incidents—involving deaths or serious injuries—were overlooked. First, the papers' coverage was national. The 76 reported incidents came from 15 states and two Canadian provinces; while each of the four newspapers concentrated on incidents in its own region, all reported cases from other regions. All four included at least one case from the South—the only major region without a newspaper in the sample. Second, the 76 reported cases were generally not serious. Injuries were reported in only 20 cases, and only two of these involved deaths. It seems unlikely that newspapers would choose to print accounts of minor incidents, while ignoring more serious crimes. This impression is bolstered further by the frequent appearance of stories—often from different states—about other Halloween tragedies: children struck by cars and other accidental deaths; people murdered when

1. On the reliability of this index, see Troyer and Markle (1983:141-42).
2. In addition, all entries under "Halloween" in the Reader's Guide to Periodical Literature and MEDLINE—the computerized medical data base—were checked. Neither popular magazines nor the medical literature described any additional cases of Halloween sadism. Every case was included if the news report treated it as an instance of Halloween sadism. As noted below, some of the cases included were of questionable authenticity.
TABLE 1
Reported Incidents of Halloween Sadism, 1958–84

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of Incidents</th>
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<tr>
<td>1958</td>
<td>0</td>
<td>1972</td>
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<td>1959</td>
<td>1</td>
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<td>1963</td>
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<td>1966</td>
<td>5</td>
<td>1980</td>
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<td>1967</td>
<td>4</td>
<td>1981</td>
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<td>1968</td>
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<td>1982</td>
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<td>1969</td>
<td>7</td>
<td>1983</td>
<td>1</td>
</tr>
<tr>
<td>1970</td>
<td>10</td>
<td>1984</td>
<td>0</td>
</tr>
<tr>
<td>1971</td>
<td>14</td>
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</tbody>
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they opened their doors, expecting trick-or-treaters; racial disturbances; vandalism; and so on. At least two of the newspapers carried reports on each of the two deaths attributed to Halloween sadists. It is therefore unlikely that the list of 76 incidents excludes any fatal instances of Halloween sadism.

Table 1 reveals two peaks in the pattern of reporting. Thirty-one of the 76 incidents occurred in the three years from 1969 to 1971. This wave of reports encouraged recognition of Halloween sadism as a threat. As a holiday when millions of children venture out at night, Halloween has a long history of tragic accidents. Routinely, newspapers and magazines print lists of safety tips, warning parents against flammable costumes, masks that obscure the wearer's vision, and the like. A systematic review of such lists found no mention of the danger posed by sadists before 1972; but, from that year on, lists of safety tips almost invariably warned parents to inspect their children's treats for signs of tampering. At the same time that these warnings spread, reports of Halloween sadism fell to a few per year until 1982, when there was a dramatic increase. Of course, this reflected the fear caused by the Tylenol murders. A month before Halloween, seven people died after swallowing poisoned Extra-Strength Tylenol capsules. In the weeks that followed, there were hundreds of reports of "copycats" adulterating food, over-the-counter medications, and other household products. As Halloween approached, the media repeatedly warned parents that trick-or-treaters would be in danger. After raising the specter of Halloween sadism, the press naturally covered the incidents that were reported. A year later, however, coverage fell to pre-Tylenol levels.

Examining the reports of the 76 incidents leads to three conclusions. First, the threat of Halloween sadism has been greatly exaggerated. There is simply no basis for Newsweek's (1975) claim that "several children have died." The newspapers attributed only two deaths to Halloween sadists, and neither case fit the image of a maniacal killer randomly attacking children. In 1970, five-year-old Kevin Toston died after eating heroin supposedly hidden in his Halloween candy. While this story received considerable publicity, newspapers gave less coverage to the follow-up report that Kevin had found the heroin in his uncle's home, not his treats (San Francisco Chronicle, 1970). The second death is more notorious. In 1974, eight-year-old Timothy O'Bryan died after eating Halloween candy contaminated with cyanide. Investigators concluded that his father had contaminated the treat (Grider, 1982). Thus, both boys' deaths were caused by family members, rather than by anonymous sadists.3

3. The particulars of these cases are sometimes forgotten, so that the deaths continue to be used as proof that Halloween sadists pose a real threat. Trubo (1974:28) describes Toston as "the victim of a sadistic prankster." Similarly, an anonymous reviewer of an earlier draft of this paper recalled the O'Bryan case but did not mention that it was the boy's father who was convicted.
Similarly, while the newspaper reports rarely gave detailed information about the remaining 18 cases in which injuries were reported, most of the victims were not seriously hurt. Several incidents involved minor cuts and puncture wounds; what was apparently the most serious wound required 11 stitches. In short, there were no reports where an anonymous sadist caused death or a life-threatening injury; there is no justification for the claim that Halloween sadism stands as a major threat to U.S. children.4

A second conclusion is that many, if not most, reports of Halloween sadism are of questionable authenticity. Children who go trick-or-treating know about Halloween sadism; they have been warned by their parents, teachers, and friends. A child who “discovers” an adulterated treat stands to be rewarded with the concerned attention of parents and, perhaps, police officers and reporters. Such a hoax is consistent with Halloween traditions of trickery, just as the fear of sadists resembles the more traditional dread of ghosts and witches (Santino, 1983). The 76 reported incidents included two cases that were identified as hoaxes at the time, and it seems likely that other cases involved undiscovered fraud. After all, it is remarkable that three-quarters of the children who reported receiving contaminated treats had no injuries. Efforts to systematically follow up reports of Halloween sadism have concluded that the vast majority were fabrications. After Halloween 1972, Editor and Publisher (1973) — the trade magazine of the newspaper industry — examined several papers’ efforts to trace all local reports of Halloween sadism; it concluded that virtually all the reports were hoaxes. Ten years later, in the wake of the Tylenol scare, the confectionary industry tried to reassure potential customers in a “white paper” on Halloween candy tampering in 1982 (National Confectioners Association et al., n.d.) The report noted that “more than 95 percent of the 270 potential Halloween 1982 candy adulterations analyzed by the Food and Drug Administration have shown no tampering, which has led one FDA official to characterize the period as one of ‘psychosomatic mass hysteria.’ ” Further, a confectionary industry survey of police departments in “24 of the nation’s largest cities, as well as smaller towns in which highly-publicized incidents were alleged to have occurred, found two reports of injuries — neither requiring medical treatment — from among the hundreds of claims of candy tampering.” Thus, not only does a survey of press coverage reveal fewer reports of Halloween sadism than might be expected, but there is good reason to suspect that many of the reports are unfounded.

Third, the press should not be held responsible for the widespread belief that Halloween sadism poses a serious threat. While the news media can manufacture “crime waves” by suddenly focusing on previously ignored offenses (Fishman, 1978), the press has given Halloween sadism relatively little publicity. Many of the 76 reported incidents received minimal coverage, in news stories of only two or three sentences. Often the reports were embedded in larger stories, such as a wire service summary of Halloween news from around the country. Nor did popular magazines highlight Halloween sadism; before 1982, only two short articles focused on the problem. The absence of

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4. Certainly other elements of everyday life, while not receiving as much attention, are far more hazardous. In 1980–81, according to the U.S. Consumer Product Safety Commission (1982), 60 children under age five died in “product associated deaths” involving nursery equipment and supplies; another 13 deaths involved toys. 5. In one apparent hoax:

. . . a youth claimed to have ingested an insecticide-saturated candy bar. . . . Testing showed no traces of any chemicals in the youth’s blood. . . . although there was insecticide on one end of the bar, the side of the candy bar that had been bitten into was insecticide-free. (National Confectioners Association et al., n.d.) Similarly, over 80% of the reports of so-called “copycat” poisonings that followed the Tylenol deaths were apparently fabricated (Time, 1982). Some were anonymous pranks, but others involved publicity-seekers or schemes to collect insurance settlements from manufacturers. As in the case of Halloween sadism, the threat was exaggerated: Congressional hearings denounced “a new kind of thug that is stalking the American communities” (U.S. Congress: House of Representatives, 1982:2), while psychiatrists speculated that “copycat criminals may have weak ego structures and ‘have difficulty running their lives’ ” (New York Times, 1982).
authentic cases of serious injuries caused by Halloween sadism undoubtedly explains this limited coverage. While the publication of annual warnings to parents to inspect their children's treats, as well as occasional short items reporting minor incidents, may help keep the fear of Halloween sadism alive, the media do not seem to be the principal channel by which people learn of the danger. Rather, knowledge of Halloween sadism apparently spreads by word of mouth.

ROOTS OF AN URBAN LEGEND

The belief in Halloween sadism as a serious threat can be understood using a concept developed by folklorists: Halloween sadism is an *urban legend* (Grider, 1982). Urban legends are contemporary, orally transmitted tales that “often depict a clash between modern conditions and some aspect of a traditional life-style” (Brunvand, 1981:189). Whereas traditional legends often feature supernatural themes, most urban legends “are grounded in human baseness . . .” (Fine, 1980:227). They describe criminal attacks, contaminated consumer goods, and other risks of modern life.6 Halloween sadism combines two themes found in several other urban legends: danger to children (e.g., the babysitter who cooks an infant in a microwave oven; the child kidnapped from a department store or an amusement park); and contamination of food (e.g., the mouse in the soft-drink bottle; the Kentucky Fried Rat) (Brunvand, 1981, 1984; Fine, 1979, 1980, 1985). These legends, like that of the Halloween sadist, are typically told as true stories. They “gratify our desire to know about and to try to understand bizarre, frightening, and potentially dangerous or embarrassing events that may have happened” (Brunvand, 1981:12) Urban legends may even have a factual basis; soft-drink manufacturers have been sued by people claiming to have found mice in their drinks (Fine, 1979). Whether a legend begins with a real incident or as a fictional tale, it is told and retold, often evolving as it spreads. On occasion, urban legends appear in newspaper stories, reinforcing the tale’s credibility (Brunvand, 1981, 1984). The belief in Halloween sadism is maintained through orally transmitted warnings about the dangers contemporary society poses for the traditional custom of trick-or-treating. These warnings, which greatly exaggerate the threat, are an urban legend. That some incidents of Halloween sadism have occurred, and that the media have reported such incidents, does not disqualify the warnings as legends.

Viewing Halloween sadism as an urban legend helps explain why the belief became widespread when it did. News reports of Halloween sadism are not new (cf., *New York Times*, 1950).7 But the general perception that Halloween sadism is a serious threat can be dated to the early 1970s. This was the period when the press began reporting more incidents and warning parents to inspect treats, and legislatures began passing laws against Halloween sadism. In general, urban legends are products of social tension or strain. They express fears that the complexities of modern society threaten the traditional social order (Fine, 1980, 1985). Urban life requires contact with strangers who—the legends suggest—may be homicidal maniacs, unscrupulous merchants, voyeurs, or otherwise threatening. By repeating urban legends, people can respond to social strain, expressing their doubts about the modern world.

While it is obviously impossible to establish a causal link between particular social tensions and the spread of a particular urban legend, folklorists typically examine a legend’s elements for clues.

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6. The term “urban legend” is generally used by folklorists to distinguish modern folk tales from those told in traditional societies; it ignores the differences between contemporary urban and rural communities. Some familiar urban legends include: “The Hook”—a maniac who terrorizes a couple parked in a lover’s lane; the black widow spider that nests in a beehive hairdo; the deep-fried rat sold at a fried-chicken franchise; and “The Choking Doberman,” that swallows a burglar’s fingers. Brunvand’s (1981, 1984) books present several dozen such tales.

7. This case involved giving children pennies heated on a skillet. Apparently this was an early image of Halloween sadism; Grider (1982) recalls a heated pennies legend circulating among Texas children in the 1940s. Of course, the fear of Halloween sadism also seems linked to traditional warnings about accepting candy from strangers.
Urban Legends 493

about its roots (Brunvand, 1981, 1984; Fine, 1980). Some legends feature a transparent message, but others are more difficult to interpret. In the case of Halloween sadism, a plausible argument can be made that the legend's flowering in the early 1970s was tied to the heightened social strains of that period. The late 1960s and early 1970s were years of unparalleled divisiveness in post-World War II America (Carroll, 1982; O'Neill, 1971). The media exposed several serious crises to the public, including an increasingly unpopular war, ghetto riots, student demonstrations, and increased drug use. It was a period of intense social strain. Three forms of strain that emerged or grew during these years seem related to the growing fear of Halloween sadism.

**Threats to Children**

The form of strain that seems most clearly linked to a belief in Halloween sadism was the growing sense that children were no longer safe in the United States. During the 1960s and early 1970s, physicians and social workers promoted child abuse as a major social problem; the popular press responded with dozens of dramatic stories about children who had been cruelly treated by their parents (Pfohl, 1977). The rhetoric of this campaign emphasized that all children were potential victims, that child abuse occurred in all sectors of society. But even parents who remained confident that their children would never be abused could worry about losing their children to other threats. Older children adopted radical political views and experimented with illegal drugs. Other parents found their grown children facing a less symbolic threat—death in Vietnam. The social conflicts that marked America during these years must have left many parents wondering if their hopes for the next generation would be fulfilled.

Since the emergence of the belief in Halloween sadism, the generation gap seems to have narrowed, but threats to children remain visible. The movement against child abuse continues to spread, receiving still more publicity. And, during the late 1970s and early 1980s, emerging campaigns against incest, child pornography, child molesting, and abortion may have contributed to a larger sense of children in jeopardy. Perhaps the clearest link between threats to children and the fear of Halloween sadism appeared during the series of murders of Atlanta schoolchildren. In 1980, STOP, an organization of the victims' parents, argued that "the city should organize Halloween night events that will minimize dangers to the children" (New York Times, 1980).

**Fear of Crime**

Other forms of strain involved more general threats. Survey data reveal that the fear of crime grew substantially between the mid-1960s and the early 1970s (Erskine, 1974; Stinchcombe et al., 1980). Although violent crimes often involve offenders and victims who are acquainted, the fear of crime may have been especially important in fostering the initial fear of Halloween sadism. Although only one of the 76 newspaper reports involved "hippies" giving drugs to children, early oral versions of contaminated-treat tales often took this form. (On a related, early 1970s legend—that LSD was being distributed on pictures of Mickey Mouse, which children might mistake for a lick-on tattoo—see Brunvand, 1984:162–69.) Only later did the razor blade in the apple become the standard image for Halloween sadism. Six on the 12 incidents reported before 1967 involved over-the-counter or prescription drugs; only one involved a sharp object. In contrast, 49 of the 64 reports after 1966 involved razors or other sharp objects, while only four involved drugs. Of course, razor blades, pins, and so on are readily available equipment, which would make it easy to carry out hoaxes.

8. The possibility that their children might adopt disapproved values may have suggested betrayal to some parents, creating another source of strain—ambivalence toward one's children. This ambivalence is nicely revealed in a popular cultural genre which regained popularity during the late 1960s and early 1970s. In popular novels and films (e.g., *The Exorcist* and *Rosemary's Baby*), the horror tale—traditionally associated with Halloween—took on a new emphasis: stories about children with demonic powers.

The concern with growing drug use may have been especially important in fostering the initial fear of Halloween sadism. Although only one of the 76 newspaper reports involved "hippies" giving drugs to children, early oral versions of contaminated-treat tales often took this form. (On a related, early 1970s legend—that LSD was being distributed on pictures of Mickey Mouse, which children might mistake for a lick-on tattoo—see Brunvand, 1984:162–69.) Only later did the razor blade in the apple become the standard image for Halloween sadism. Six on the 12 incidents reported before 1967 involved over-the-counter or prescription drugs; only one involved a sharp object. In contrast, 49 of the 64 reports after 1966 involved razors or other sharp objects, while only four involved drugs. Of course, razor blades, pins, and so on are readily available equipment, which would make it easy to carry out hoaxes.

9. Similarly, the Tylenol poisonings raised the prospect of attacks via product contamination. Like the Atlanta murders, these real crimes by an anonymous sadist led to warnings about Halloween sadists.
of crime focuses on the threat of an anonymous attacker. The threat of an unpredictable, unprovoked criminal attack parallels the Halloween sadist menace.

Mistrust of Others

Survey data also reveal rising expressions of general mistrust during the early 1970s. The proportion of Americans who agreed that "...you can't be too careful in dealing with people" rose from 45.6 percent in 1966, to 50.0 percent in 1971, to 54.3 percent in 1973 (Converse et al., 1980:28).

Studies of urban dwellers in the 1970s found high levels of mistrust for strangers (Fischer, 1982; Merry, 1981; Suttles, 1972). While warnings about the collapse of the neighborhood in the anonymous modern city have proven exaggerated, the belief that people now live in greater isolation remains widespread. The social conflicts of the 1960s and early 1970s may have encouraged doubts about the trustworthiness of other people. Such doubts provided another form of strain during the period when the belief in Halloween sadism spread.

These sources of strain—threats to children, fear of crime, and mistrust of others—provided a context within which the concern about Halloween sadism could flourish. The Halloween sadist emerged as a symbolic expression of this strain: the sadist, like other dangers, attacks children—society's most vulnerable members; the sadist, like the stereotypical criminal, is an anonymous, unprovoked assailant; and the sadist, like other strangers, must be met by doubt, rather than trust.

Placed in the context of the late 1960s and early 1970s, the spread of Halloween sadism is easily understood.

If these sources of strain account for the belief's spread, what explains its persistence? The extraordinary social conflicts of the early 1970s have moderated, yet the belief in Halloween sadism remains. Why? First, some of the same sources of strain continue to exist: the media still publicize threats to children (e.g., child abuse), and the fear of crime and strangers remains high.

Second, and more important, Halloween sadism is an established urban legend; it can remain as a taken-for-granted, if dormant, part of American culture. The survey of newspaper stories found only five reports of Halloween sadism from 1976 to 1981—less than one per year. However, warnings about sadists continued to appear during these years and, of course, the Tylenol poisonings in 1982 led to both predictions and reports of Halloween sadism.

Third, folklorists have traced the evolution of some legends over centuries (Brunvand, 1984). Legends seem most likely to persist when they have a general, underlying message (for instance, warnings about trusting outsiders) which can be tailored to fit new situations. Thus, the dangers of eating commercially prepared food were detailed in nineteenth-century stories about cat meat in baked pies and, more recently, in tales about rats sold at fried-chicken franchises (Fine, 1980; Simpson, 1983). Like other urban legends about homicidal maniacs, the Halloween sadist legend expresses fears about criminal attacks. Given the general nature of this threat, the legend may persist as long as the custom of trick-or-treating.

URBAN LEGENDS AS UNCONSTRUCTED SOCIAL PROBLEMS

Where do urban legends fit within the broader framework of sociological theory? The case of

10. This fear also found expression in a popular culture horror genre—the "mad slasher" films in which a maniac stalks and kills a series of high school or college students. Interestingly, the first of these films was Halloween (1979).


12. Presumably, incidents continued to be reported during this period. The decline in press coverage may have reflected journalists' doubts about the authenticity of the reports (Editor and Publisher, 1973), as well as their recognition that the reported incidents were minor and, given the well-established nature of the legend, no longer newsworthy.
Halloween sadism suggests (1) that urban legends may be viewed as a form of unconstructed social problem, (2) that collective hysteria, urban legends, and social problems construction offer alternative responses to social strain, and (3) that the emergence of a particular response to strain reflects social organization.

At first glance, the fear of Halloween sadists resembles some of the instances of collective hysteria in the collective behavior literature. The Halloween sadist can stand beside the “phantom anesthetist” of Mattoon (Johnson, 1945), the “phantom slasher” of Taipei (Jacobs, 1965), the “June bug epidemic” in a Southern textile plant (Kerckhoff and Back, 1968), and the windshield pitting in Seattle (Medalia and Larsen, 1958) as a focus of exaggerated fears. Studies of collective hysteria usually account for the emergence of hysterical beliefs as a response to social strain: the Mattoon episode occurred during wartime; the workers in the textile plant were putting in heavy overtime, and so on. In response to this strain, there emerges a belief in some threat, “an ambiguous element in the environment with a generalized power to threaten or destroy” (Smelser, 1962:82). This threat is credible, frightening, and difficult to protect oneself against:

Instead of simply having a feeling that something is awry, the belief in a tangible threat makes it possible to explain and justify one’s sense of discomfort—instead of anxiety, one experiences fear, and it is then possible to act in some meaningful way with respect to this tangible threat rather than just feeling frustrated and anxious. (Kerckhoff and Back, 1968:160–61—emphasis in original)

However, some of this model’s key features do not fit the emergence of the belief in Halloween sadism and other urban legends. Collective hysteria is bounded in time and space. Hysterical beliefs are short-lived; they typically emerge, spread, and die within the space of a few days or weeks. Further, they are typically confined to a restricted locality—a single region, town, or facility (Loftland, 1981). In contrast, the belief in Halloween sadists appears to have spread more slowly, over a period of years, and to have become an established, taken-for-granted part of the culture. Nor has the belief observed the normal geographic limits of collective hysteria—reports of Halloween sadism have come from throughout the country, suggesting that the belief is nationwide. If the Halloween sadist resembles the threats identified in instances of collective hysteria, the dynamics of the belief’s spread do not fit the hysterical pattern.

The process of social problems construction offers an alternative perspective for understanding the fear of Halloween sadism. Blumer (1971) and Spector and Kitsuse (1973, 1977) defined social problems as products of claims-making activities, in which people call others’ attention to social conditions. Thus, the emergence of a social problem is a political process: “... recognition by a society of its social problems is a highly selective process, with many harmful social conditions and arrangements not even making a bid for attention and with others falling by the wayside in what is frequently a fierce competitive struggle” (Blumer, 1971:302). Case studies of claims-making focus on the role of social movements (Tierney, 1982), professionals (Pfohl, 1977), the press (Schoenfeld et al., 1979), and other interested parties in constructing social problems. While these studies demonstrate how some claims-making campaigns succeeded, they do not explain why other social conditions, with the potential to be defined as social problems, never reach this status. Emergent or unconstructed social problems are less often studied (Troyer and Markle, 1983, 1984). Urban legends, such as the Halloween sadist, may be seen in these terms.

While the belief in Halloween sadism is widespread, it has not led to effective claims-making activities. Halloween sadism has, for brief occasions, occupied the attention of legislators, city officials, journalists, and PTA associations, but the belief spread largely outside institutionalized channels. The press never reported more than a handful of incidents in a given year, and most

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13. Medical professionals, for instance, paid minimal attention to Halloween sadism. MEDLINE listed no articles on the subject from 1966 to 1983.
of these reports were very short; the belief spread informally, by word-of-mouth. Similarly, there was no especially visible response to the threat. By the mid-1970s, the press reported a few organized attempts to thwart sadists—hospitals offering to X-ray treats, communities organizing alternative celebrations, and municipalities passing ordinances against trick-or-treating. But most of these efforts remained localized; they received little publicity and did not lead to a broader, organized response to Halloween sadism. (Similarly, organized campaigns by the confectionary industry to expose fabricated reports of Halloween sadism also failed to attract widespread recognition [Editor and Publisher, 1973; National Confectioners Association et al., n.d.].) While it is possible to trace the claims-making activities by which many social problems are constructed, this is not true for Halloween sadism. Although the belief spread widely, it moved largely through informal channels, and the principal reaction—parents restricting their children’s trick-or-treating—was equally informal.

This analysis suggests that collective hysteria, urban legends, and social problems construction are alternative responses to social strain, alternatives in which strain is translated into different forms of threat that are spread through different forms of social organization. Strain—discomfort caused by existing social conditions—is made manifest in a perceived threat to the collectivity. This threat may be genuine or false. Commonly, genuine threats identify the source of social strain (e.g., pollution endangers the quality of life), while false threats are a more symbolic expression of strain (e.g., a “June bug” attacks people under a heavy work load). The identification of genuine threats often suggests a solution—something that can be done to reduce or eliminate the threat—while false threats are frequently amorphous and difficult or impossible to manage. In general, collective hysteria and urban legends respond to strain through the identification of false threats, while social problems construction deals with genuine threats. Social organization affects the spread of perceptions of threat. In compact, homogeneous collectivities, collective hysteria can spread quickly. In larger, more diffuse collectivities, it takes longer to attract attention to the threat and to mobilize concerned individuals. Typically, in social problems construction, some individuals take the lead in organizing claims-making activities, while urban legends spread through informal contacts.

The example of Halloween sadism suggests some specific factors that may affect the response to social strain. The reports of Halloween sadism did not lead to collective hysteria for two reasons. First, the belief spread throughout the country, rather than within a compact collectivity. Second, this spread could occur relatively slowly, given the limited nature of the threat. Reports of sadistic incidents posed no threat to other children for another year. There was no urgency to the news; the tale could be disseminated slowly, through informal channels. Although a few organizations began claims-making activities directed at Halloween sadism, little came of their efforts. In part, this may have been caused by the absence of serious, documented sadistic incidents; without genuine atrocities to demonstrate the need for action, claims-makers had trouble making a convincing case. Further, potential social movements aimed at Halloween sadism lacked a well-organized natural constituency; while no one approved of Halloween sadism, no group found it in its interest to mount a sustained campaign against the threat. Again, the fact that the danger was limited to one evening a year may have inhibited the construction of Halloween sadism as a social problem. Nor was it clear how collective action might stop Halloween sadism; parents who worried about the threat found the best protection in individually curtailing their children’s trick-or-treating or inspecting

14 While the press routinely interpreted these actions as responses to Halloween sadism, many attempts to restrict trick-or-treating were, in fact, prompted by more traditional Halloween problems, e.g., vandalism or children struck by cars (cf. Trubo, 1974).
15 Social constructionist theorists attack the notion that strain or other objective social conditions offer a sufficient explanation for social problems; they argue that claims-making activities must occur (Blumer, 1971; Spector and Kitsuse, 1977). Troyer and Markle (1983), however, suggest that strain usually, if not always, precedes claims-making.
Their treats. Thus, the diffuse collectivity, the infrequency of the reported attacks, the absence of convincing evidence, the lack of interested individuals willing to commit extensive time to the cause, and the difficulty of devising solutions meant that Halloween sadism became the focus of neither collective hysteria nor successful claims-making. Yet, retaining considerable symbolic power as an expression of social strain, Halloween sadism endured as an urban legend.

**IMPLICATIONS: “HALLOWEEN AND THE MASS CHILD” REVISITED**

Holiday celebrations reflect the larger culture. The events celebrated, as well as the customary ways of celebrating, reveal the society's values and structure. And, as society changes, its holidays often take on new meanings, consistent with the altered culture. Where earlier American celebrations were communal, ceremonial, and often religious or patriotic, contemporary observances tend to be individualistic, materialistic, secular occasions, marked largely by unstructured leisure time (Caplow, 1982; Caplow and Williamson, 1980; Hatch, 1978).

Gregory P. Stone's (1959) “Halloween and the Mass Child” developed this thesis. Stone traced the evolution of Halloween activities in his lifetime, from the elaborate pranks of adolescents in the 1930s, to the playful trick-or-treating of young children in the 1950s. He found the 1950s children did not understand the extortionate premise of “trick or treat;” for them, Halloween was merely an occasion to receive candy. Stone interpreted this shift as consistent with the changes in American values described in Reisman's (1950) *The Lonely Crowd*:

... Reisman's character type of “other-direction” may, indeed, be a *prototype* of American character and not some strange mutation in the northeast. Consumption, tolerance, and conformity were recognizable in the Halloween masquerade of a near-southern town. Production, indignation, and autonomy were not. (Stone, 1959:378—emphasis in original)

Twenty-five years after Stone's analysis, the fear of Halloween sadism has further altered the meaning of Halloween. While Stone saw trick-or-treating as a part of the emerging culture of consumption, folklorists view Halloween as among the least commercialized of modern holidays (Grider, 1982; Santino, 1983). But this informality has been labeled dangerous by those who warn against Halloween sadists. Children are urged to refuse homemade treats and accept only coupons or mass-produced candy with intact wrappings, as though commercialism offers protection.17 Long celebrated through vandalism and extortion, Halloween has been a symbolic expression of disorder. Today, the Halloween sadist has become an annual reminder of the fragility of the social bond—an expression of growing doubts about the safety of children, the trustworthiness of strangers, and the strength of the modern urban community.

Examining the fear of Halloween sadists reveals topics that deserve further sociological attention. First, urban legends merit more analysis as expressions of social strain. Second, theories of social problems construction need to address the processes by which topics become the focus of claims-making activities. Most existing case studies describe relatively successful claims-making efforts, taking for granted the appropriateness of those efforts. But a complete theory of social problems construction would also examine the earliest stages in the process, asking why some social conditions fail to become the focus for claims-making, how strain, social organization, and other social conditions generate claims-making, and why some strain is translated into collective hysteria or urban legends, rather than claims-making. To define social problems in terms of claims-making without identifying the roots of that process begs the question of why some phenomena become social problems.

16. When they are inconsistent with modern practices, earlier forms of celebrating may be forgotten. On the drunken, riotous Christmas customs of the nineteenth-century working class, see Davis (1982).
17. The intense reaction to the Tylenol murders reflected consumers' dependence on mass-produced food and medications. "The revolt of the product is the ultimate nightmare for a society like ours" (Spiro, 1982:11). However, new standards for tamper-resistant packaging apparently reestablished confidence in product safety.
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